



# Health, Safety, & Security

## University Health Center

- The University Health Center is located across from the Stamp Student Union.
- The hours of operation are 8am – 8pm on Friday, 10am – 8pm on Saturday, 9am – 5pm Sunday, 8am – 8pm Monday & Tuesday, and 8am-5pm on Wednesday.
- Major emergency situations will be routed to one of the local hospitals by University Police.
- A signed medical release form is required for **every participant** and is enclosed with this material. This should be brought with you to registration.

## Safety and Security

- Crime prevention and safety is an important responsibility that each individual shares with the University. Report any unsafe/inappropriate behavior to UM and the Ootm info desk immediately.
- Residence hall entrance doors are locked 24 hours a day. Participants must use an access card to open the main entrance door and to call the elevator (if the building has one). A key is required to unlock bedroom doors.
- In residence halls, a staff member will be on duty each night to help with concerns and emergencies which may arise.
- The University of Maryland Police patrol the campus in cars, on motorcycles and on bicycles.
- In an emergency, dial 911 from any campus phone to contact the police and/or ambulance.

## We encourage the following precautions to ensure the safety of your team and belongings:

- Lock your bedroom doors at all times (even when you leave to use the shower and when you are asleep).
- Don't let strangers follow you into your residence hall. People who belong there have access cards!
- Report anyone who doesn't appear to belong in the residence hall to the hospitality desk staff.
- Make sure your belongings have identification clearly marked on them, and never leave belongings unattended.
- Always walk in pairs or in groups and avoid unlighted areas at night.
- Take the shuttle buses provided in the evening to avoid walking alone after dark.
- Call 911 for emergency assistance from any on-campus phone or just lift the receiver of any "blue light" phone on the grounds of the University of Maryland and hit the Emergency button.
- Do not go near excavations, construction sites or equipment.
- Look for cars in both directions when crossing the streets both on and off campus.

## Recreation

You will want to take advantage of various recreational opportunities offered on campus, which include swimming, racquetball, volleyball, and basketball. So don't forget to pack appropriate clothing!

## Weather

The weather in the Baltimore/Washington area can be unpredictable. June days and evenings are generally warm and can be rather humid, although it has been known to be unseasonably cool at this time of year as well. To ensure you are comfortable, come prepared with appropriate clothing and be sure to wear your walking shoes. The average temperature in June is 77°F (25°C), ranging between 70°F (21°C) and 87°F (30.5°C). An umbrella is also advisable. Before you depart on your journey to the university, check out the local weather forecast. ([www.weather.com](http://www.weather.com))